



BETHEL CHRONICLE

“The Small Country Church with a BIG Heart”
 Sunday Worship with Jr. Church 9:00 a.m. - Sunday School 10:15 a.m.

Bethel's Vision: **Connect** with God through Prayer, **Grow** in Christ through Love, **Go** into the world & serve. **Connect, Grow, Go...**

OCTOBER 2024

OCTOBER MINISTRY MEETINGS

- Mon. Oct. 14 – 7:00 p.m.**
Council of Ministries
- Thurs. Oct. 17 – 7:00 p.m.**
Trustees
- Sun. Oct. 20 – 2:00 p.m./Hellam**
Annual Church Conference
- Wed. Oct. 23 – 7:00 p.m.**
Education Committee

Ministry Meetings/Events

- Wed. – Every Wednesday**
Lunch & Learn – 11:00 a.m.
Walking Group – 10:30 a.m.
- Fri. Oct. 4 – 9:00 a.m.**
Soup prep/Peel potatoes
- Sat. Oct. 5 – 1p.m. to 3 p.m. PICKUP**
Soup/Sandwich Sale
- Tues. Oct. 8 – 10:00 a.m. – 1:00 p.m.**
Friends Fellowship
- Wed. Oct. 9 – 8:30 a.m.**
HWC Rummage Setup
- Fri. Oct. 11 – 1:00 p.m.**
Happy Worker's Circle
- Sat. Oct. 12 – 8:00 a.m.**
Men's Group
8:30 a.m.
Rise Against Hunger/Waters Edge
- Sun. Oct. 13 - 12:30 p.m.**
Crop Walk
- Mon. Oct. 21 – 8:30 a.m.**
HWC Rummage Setup
- Thurs. Oct 21 – 8:00 a.m. to 6:00 p.m.**
Rummage Sale
- Fri. Oct. 22 - 8:00 a.m. to 4:00 p.m.**
Rummage Sale
- Sat. Oct. 27 – 3:00 to 5:00 p.m.**
Trunk 'R Treat

PASTOR'S CORNER



Dear Bethel,

During the season of fall, crops are harvested by the farmers and the summer flowers are no longer. As I ponder the transition from summer to fall it reminds me of the roots and root systems of crops and flowers. Roots grown deep to help provide nutrients and nourishment to plants. It helps plants persevere during the upcoming harsh weather of winter. The roots help provide sturdiness during difficult times.

Plants can wither and die during difficult weather when there is an inadequate root system. Roots is part of why I have chosen to preach a sermon series on the book of Acts now until Harvest Home in November. Acts describes the birth and growth of the early Christian Church, and it is an exciting book. There are both successes and failures as the church grew and expanded. There were challenges and disagreements. These followers of Jesus turned the world upside down as they followed Jesus' example of love of God and neighbor. While there were leaders, there were no kings or presidents. Leadership acted as servants and examples.

As the crisp air of October settles in and the leaves begin to change, I invite you to explore the October newsletter. This month, we have so many wonderful opportunities to gather, serve, and grow together. From our Rise Against Hunger event, CROP Walk and Trunk or Treat to times of worship. It is never too late to join Lunch and Learn or pop into a Sunday School Class. Maybe you have been meaning to check out Happy Worker's Circle or the Men's Group. I encourage you to embrace this season of change and reflection. Let's grow our Christian roots together!

Go forth,
 Pastor Beth "PB"

OCTOBER COLLECTION
 8 oz water bottles and 3 oz Dixie cups for the Nurse's office at Clearview Elementary School

Worship Information for the 9:00 a.m. Sunday Service

We will begin a new sermon series this month that dives into the Book of Acts to explore how the early church, empowered by the Holy Spirit, transformed the world. Each week, we'll uncover stories of bold faith, radical community, and the unstoppable spread of the gospel. From the outpouring at Pentecost to the missionary journeys of Paul, we'll find inspiration for our own call to live out the mission of Christ today. Join us as we rediscover what it means to be a church on fire for God's kingdom.

Sunday, October 6th	It'll Happen (The Promise of the Holy Spirit)	Acts 1:1-11
Sunday, October 13th	The Holy Spirit ... Here ... Now (Pentecost)	Acts 2:1-13
Sunday, October 20th	Switched on (Empowered by the Spirit)	Acts 2:14-36
Sunday, October 27th	Now What? (Responding to the Spirit)	Acts 2:37-47



SUNDAY SCHOOL ELECTIVES

Classes meet every Sunday after Worship at 10:15 a.m.

Back Room Sunday School Class - October

The Back Room Sunday School Class continues to explore Max Lucado's "*Fearless*" Bible Study in October. Each morning as we listen to the news reports we can find more than enough reasons to fear what is happening in the world and in our communities. Through this study, we are finding ways to allow our faith in God to help us overcome those fears and in fact be strong for those who are around us – giving them the chance to see the light of Jesus Christ through us as we react to world situations.

Our next series is entitled, "*You Were Made for this Moment*". This study prepared by Max Lucado focuses on the life of Esther and uses her life as a way to inspire us to step up and stand out for God. These five sessions, which we'll begin toward the end of October will help you: 1) reclaim your eternal identity as a citizen of heaven; 2) put your hope in the God of grand reversals; 3) cultivate courage for your challenging times; and 4) discover your role in God's story. We don't need to panic when we experience difficult times. We can become set free by God for each of us were made for this moment.

Come and spend time with us each Sunday morning as we work to become stronger in our faith and our discipleship.

Sanctuary Class – October 2024 Theme: Claiming Identity

This fall, our Bible lessons follow the theme "Claiming Identity." The class will unpack and explore the concept of identity by examining the life and experiences of Esther, the factors that shape our identity, and how we find and claim our identity in Christ.



Both classes welcome you with open arms – if you don't normally attend Sunday School, is it time to give it a try?

HAPPY WORKERS CIRCLE

Rummage/Sandwich & Bake Sale



Thursday October 24 (8AM-6PM)

Friday October 25 (8AM-4PM)

Homemade baked goods, good gently used clothing, shoes, household items, etc. will be for sale. All donations appreciated and will be accepted on any of the setup dates or see Darla to setup a time for your drop off.

Sandwich orders due by Oct. 13th for pickup during the Rummage Sale hours shown above. Signup sheet will be in the back room on information table. Pretzel Sandwiches and Subs will be sold.

Sandwiches may also be ordered by calling or texting Nancy at 717-676-1203.

Setup days Oct. 3, 9, 21 beginning at 8:30 a.m.

HAPPY WORKERS CIRCLE

Monthly meeting will be held *Friday, Oct. 11th* at 1:00 p.m. Tina Brown is the Leader for October.

Meetings will be held the Second Friday afternoon of each month during the Fall/Winter months.



MENS GROUP



Soup & Sandwich Sale Oct. 5th

Soup/sandwich pickup between **1:00-3:00 p.m.** Offering Chicken Corn/Ham Bean Soup/Pretzel Sandwiches.

Help is needed for Soup Prep on Friday, Oct. 4th. This includes peeling potatoes and eggs.

Thank you to everyone for your support during the recent corn husking, cutting and freezing day and Ham and Chicken cook-offs to prep for upcoming sales.



FRIENDS FELLOWSHIP



Tuesday, October 8th at 10:00 a.m. the group will meet to share Funny, Uplifting, Candid photos. They may be of you, your pet, vintage, etc.

Come share in a morning which is sure to be full of laughter.

Bring your lunch and join this group of fun- loving Seniors for a great day out.



Saturday, October 26th
3:00 – 5:00 p.m.

Trunk 'R Treat will be held in the church parking lot. Those planning to open their car trunks with treats please sign up on the sheet provided on the information table in the rear of the sanctuary.

Please consider signing up to join in the fun! Decorating your trunk is encouraged but Not required. Invite your friends and neighbors through 6th grade to come in costume to collect the treats.

We are pleased to announce that St. Luke Church will join in the event this year.

CHURCH CONFERENCE



Bethel's Church Conference
Sunday, October 20th -2:00pm
Faith United Methodist Church
126 East Market Street, Hallam

In the United Methodist Church, a church conference is a meeting where local church members and leaders review the church's business and mission. Church conferences are held annually and include reviewing the previous year and completing essential business. **All members** of the local church are invited to attend and vote. If you have any questions, please see Pastor Beth.



Rise Against Hunger Experience

Bethel, Pleasant Grove and Water's Edge will gather Saturday, October 12th at **Water's Edge** (471 Abels Road, Wrightsville) to pack 10,000 meals for the 3rd year in a row. Please sign up to volunteer. Sign up sheet is in the back room on the table.

8:30 a.m. – Setup (4-6 people needed)
9:30 a.m. – Event begins – all hands on deck

The bags we will pack look like simple bags of rice and soy, but Rise Against Hunger meals represent the hopes and dreams of people worldwide. The non-profit organization relies on volunteers and is at the heart of their mission to end hunger. They send millions of meals around the globe each year.

MISSIONS

During the month of October, the mission focus is on the children attending Clearview Elementary School. Donations of 8 oz water bottles and 3 oz. Dixie cups are requested to aid the school in providing refreshment to the children. This is a mission near home that we can all participate in.

Promote the ministries of Bethel if you are on Facebook. SHARE! Share the Facebook information. Just click and share ENEWS, Outreach events, fundraisers, etc!



HEALTH TIP FOR THE MONTH

HOW HOBBIES HELP US

Pastimes are good for body, brain, and spirit.

Having hobbies is an essential part of living and aging well. Sanam Hafeez, PsyD, a neuropsychologist at New York's Columbia University, agrees. "I feel very strongly about the importance of having hobbies", she says. The benefits are immense, both physically and cognitively. The positive health outcomes are available to everyone, whether you prefer hiking, dancing, sudoku, reading, or playing an instrument.

Know that your hobbies are not making you happier, they're also making you healthier.

BENEFITS FOR YOUR BODY - Doing an enjoyable hobby releases endorphins, while lowering cortisol, the so-called stress hormone. This then lowers blood pressure, reduces systemic inflammation, improves sleep, boosts the immune system, improves cardiac health and increases energy.

BENEFITS FOR YOUR BRAIN - In addition to providing protection against dementia, hobbies improve our neuroplasticity-the ability of the brain's neural networks to change, adapt and make new connections. "With the brain," says Dr. Hafeez "it's a 'use it or lose it' type of situation, especially as we get older. So you always want to be exercising it to keep it strong."

BENEFITS FOR YOUR SPIRIT - People who made a conscious effort each day to spend time doing hobbies showed an average boost of 8% in well-being and a 10% drop in stress and anxiety.

Whether you decide to revive an old hobby or start up a whole new one, go find the thing that lights you up and do more of it! *Source-Reader's Digest*

LOOKING AHEAD - SAVE THE DATE

Messy Church	November 3
Harvest Home	November 24
Congregation Christmas Luncheon	December 1
Friends Fellowship Christmas Party	December 10
HWC/Men's Group Christmas Banquet	December 13
Annual Christmas Program	December 15

How Can We Improve?

What would you like to see in the newsletter?

What can we do to make you anxious to read it?

Suggestions are always welcome.

See Thalia or Darla if you have an idea!

Your input is appreciated!

**Deadline for November Newsletter is Sunday, Oct. 20, 2024 – Submit info to Thalia McKinley
BETHEL U.M. CHURCH, 1674 Furnace Road, Brogue, PA 17309—717-927-9380 - Pastor Beth Holz**
